2008 Women's Distance Festival 5K Walk/Run

Saturday, June 28 2008
Walk - 7:15 a.m.
Run - 7:30 a.m.
City Park Pavilion, Pueblo, CO

Local support by
Byerly & Cosyleon, Inc., Rocky Khosla, M.D., Curves

Female walkers and runners are invited to enter this event that seeks to encourage women of all ages to start running and/or walking to enhance their physical and emotional well-being.

Awards
Overall runner and walker will receive awards and will be excluded from age division awards.
Age division awards as follows:
12 & under, 1st, 2nd, 3rd; 13-15, 1st only; 16 -19, 1st only; 20 - 29; 30 - 39; 40 - 49; 50 - 59 & 60+, 1st, 2nd, 3rd

Entry Fee
Pre-registered: $15.00 ($12.00 SCR).
Boys and Girls Club participants and girls 12 and under: $8.00.
Race day registration: $18.00 for everyone.
Checks payable to Southern Colorado Runners.
Mail to: Gold Dust Saloon, 217 S. Union, Pueblo, CO 81003.
or
You can register online at www.socorunners.org
Packets available race day! Windbreakers (rather than T-Shirts)!

Questions: Call Diana Tiffany, Race Director at 719-564-1443

WOMEN'S DISTANCE FESTIVAL ENTRY FORM (must be filled out completely)

Last Name | First Name | MI

Address

City | State | Zip | Date of Birth | Age (on race day)

Day Phone - - | Evening Phone - -

$15 before 6/28/08 ($12 SCR)
$8 girls 12 and under
$18 on race day (everyone)

Circle Event: 5K Run | 5K Walk

Circle Windbreaker Size: S | M | L | XL

Entry Fee:
SCR Equipment Fund: (optional)
YMCA Campus Fund: (optional)
Total:

Payable to:
Southern Colorado Runners

WAIVER STATEMENT
I knowingly and at my own risk, and in consideration of my acceptance as a participant, hereby forever waive and release any and all claims for injuries that I may incur as a direct or indirect result of my participation in this event against Southern Colorado Runners, RRCA and all event sponsors.

Participant Signature_____**Date**_____
(If participant is under 18, parent or guardian must sign)